Inventory of Test Taking Skills

Directions: Answer the following questions yes or no according to your methods of preparing for and taking a Unit Test.

	Yes	No
In preparation for the Unit Test, did you...?		
• Maintain a positive attitude?		
• Make a study schedule?		
• Know the exam's format - multiple choice, essay?		
• Use both your notes and text, separately and together?		
• Make a study guide?		
• Predict test questions?		
• Practice recall of information?		
• possible or take an old test?		
• Attend the class period immediately preceding the test?		
• Get a good night's rest and eat well balanced meals?		
• Plan a final review the day of the exam?		
During the test period, did you...?		
• Survey the entire test and start with the easiest questions first?		
• Read the directions carefully?		
• Recall the correct answer after carefully reading the stem of a multiple choice question?		
• Outline the answer to an essay question?		
• Review the entire test before turning it in?		
After the test, did you...?		
• Reward yourself?		
• Note the kinds of questions you missed?		

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