

Inventory of Test Taking Skills

Directions: Answer the following questions yes or no according to your methods of preparing for and taking a Unit Test.

In preparation for the Unit Test, did you...?

Yes

No

- Maintain a positive attitude? _____
- Make a study schedule? _____
- Know the exam's format - multiple choice, essay? _____
- Use both your notes and text, separately and together? _____
- Make a study guide? _____
- Predict test questions? _____
- Practice recall of information? _____
- If math, work as many practice problems as possible or take an old test? _____
- Attend the class period immediately preceding the test? _____
- Get a good night's rest and eat well balanced meals? _____
- Plan a final review the day of the exam? _____

During the test period, did you...?

- Survey the entire test and start with the easiest questions first? _____
- Read the directions carefully? _____
- Recall the correct answer after carefully reading the stem of a multiple choice question? _____
- Outline the answer to an essay question? _____
- Review the entire test before turning it in? _____

After the test, did you...?

- Reward yourself? _____
- Note the kinds of questions you missed? _____