

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor

494-3170

Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
HK 101 #21414 Clin Prac AT Orient	MA Wilcoxson	COURSE PACKET Quality Copy						
HK 103 #21419 Crtve Rhythms & Dance	M.M. Browne	COPYMAT PACKET					24	
HK 111 #39311 Pract Apps H/F concepts I	T. Hodge	Stretching Anatomy ACSMS Resources for the Personal Trainer	Nelson, Kokonen ACSM	9780736059725 9780781790536	 2 nd	Human Kinetics 2006	40	REQ. REQ.
HK 112 #21422 Aquatics	B. Muir	Swimming and Water Safety Manual	American Red Cross	978-1-58480-446-8	3 rd	Staywell 2009		OPT.
HK 114 #21423- 1 #21424- Lab Teach Fitness PE	CB DeHaven	Physical Education for Lifelong Fitness (The Physical Best Teacher's Guide) Physical Best Activity Guide – Middle And High School Level OR Physical Best Activity Guide – Elementary Level COPYMAT PACKET	Physical Best Physical Best OR Physical Best	0-7360-4807-3 0-7360-4805-7 OR 0-7360-4803-0	2 nd 2 nd 2 nd	Human Kinetics Human Kinetics OR Human Kinetics	24	REQ. <i>Must buy 1 of the two activity guides</i>

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor
 494-3170
 Updated: Aug 26, 2009

Course No. CRN, Division & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
HK 115 #21425 Ind/Dual Move Forms I	Wiedman/Willis/ Cho	NO TEXT REQUIRED						
HK 116 #21426 Ind/Dual Move Forms II	K. A. Richards	Teaching Sports Concept and Skills	Stephen Mitchell	9780736054539	2 nd , 2006	Human Kinetics		REQ.
		Fundamentals of Track and Field	Gerry Carr	0-7360-0008-9	1999	Human Kinetics		
HK 117 #21427 Team Movement Forms	K. A. Richards	Teaching Sports Concept and Skills	Stephen Mitchell	9780736054539	2 nd , 2006	Human Kinetics		REQ.
HK 135 #21428- 1 #21429- 2 Intro Health & Kines	J. Fecher N. Kester	NO TEXT REQUIRED						
HK 200 #21430 – 1 #21431 – 2 #21433 – 3 Healthy Lifestyles	A. Kramer S. Howell	A Wellness Way of Life with exercise Band	Robbins, Powers & Burgess	9780077260712	8 th , 2009	McGraw Hill		REQ.
HK 201 #21434 Clin Prac AT Assist	MA Wilcoxson	COURSE PACKET					15	

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor

494-3170

Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
HK 208 #21450 - 1 #21451- 2 #21452 – Lab #21453 - Lab Prev & Treatmt Ath Inj	M. J. McDonell	Heartsaver First Aid with CPR & AED Student Workbook	American Heart Association	0-87493-478-8	2006	American Heart Association	28	REQ.
		Essentials of Athletic Injury Management	Prentice & Arnheim	978-0-07-352361-3	7 th , 2008	McGraw Hill	28	REQ.
HK 209 #21454 - 1 #21455 - Lab Elem School PE	CB DeHaven	Dynamic Physical Education for Elementary School Children	Robert Pangrazi Aaron Beighle	9780321592538	16 th	Pearson/Benjamin Cummings 2010	24	REQ.
		Lesson plan Guide for Dynamic Physical Education for Elementary School Children	Robert Pangrazi	0-8053-7909-6		Pearson/Benjamin Cummings		OPT.
HK 210 #21456 Hist & Phil of Phys Ed.	B. Blakenship	COPYMAT PACKET					100	REQ
HK 211 #36469 Clin Pr Pers Tr Assist.	T. Hodge	NO TEXT REQUIRED						
HK 215 #21459 Basic Health Studies	R. Lyle	Health The Basics	R.J. Donatelle	0-321-523-02-4	8 th , 2009	Benjamin Cummings	75	REQ.
HK 219 #21460 Pers & Com Health	H. Whitcomb	Core Concepts in Health	P. Insel & W. Roth	978-0073380773	11 th , 2010	McGraw Hill		REQ.

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor

494-3170

Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
HK 220 #21462 Death Dying Human Hlth	K. Tamura	The Last Dance: Encountering Death & Dying	Despelder & Strickland	9780073405469	8 th , 2008	McGraw Hill		REQ.
HK 225 #21463 – 1 #21465 – 2 #21466 – 3 #21467 - 4 Sexuality and Health	A. Rosse S. Saur	Our Sexuality (w/ CD ROM and Info Trac)	Crooks & Baur	9780495095545	10 th , 2008	Wadsworth Cengage Learning		REQ.
HK 226 #21468 –1 #21469 – 2 #21470– 3 #21471 - 4 Contemp Women's Health	K. Berlin K. Leonard C. Skinner	New Dimensions in Women's Health	Alexander et al.	978-0-7637-6592-7	5 th ; 2009	Jones & Bartlett		REQ.
HK 231 #21472 – 1 #21473 - 2 Substance Abuse & Hlth	Jessie Seaman	Drugs and Society	Gr hanson, PJ Venturelli, AE Fleckenstein	978-0-7637-5642-0	10 th ,2009	Jones & Bartlett		REQ.
HK 233 #21474 – 1 #21475 – 2 #21476 - 3 Stress & Human Health	K. Leonard J. Drifmeyer	Comprehensive Stress Management	Jerrold S. Greenberg	9780073380766	11 th . 2009	McGraw Hill		REQ.
HK 254 #36470 Prin Motor Learn Dev	J. Haddad	TEXTBOOK						

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor
 494-3170
 Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
HK 258 Found Motor Skill Lrng.	H.N. Zelaznik	Motor Learning and Control.	R.A. Magill	978-0-07-304732-4	8 th	McGraw-Hill		REQ.
HK 261 #21479 Appl Antmy Kinesiology 2 books Required.	VA Zinsmeister	Kinesiology, The Skeletal System and Muscle Function The Muscular System Manual, The Skeletal Muscles of the Human Body.	Joseph E. Muscolino J. E. Muscolino	9780323048866 0323025234	2006 2 nd	Mosby Elsevier Publ. Mosby Elsevier Publ.		REQ. REQ.
HK 263 #21481- 1 #21482 – Lab #21483 – 2 #21484 – 3 #21485 - 4 Biomech Found Mot Skills	S. Rietdyk T. Silver	Basic Biomechanics COPYMAT PACKET	Susan J. Hall	0-07-246204-3	4 th , 2003	McGraw Hill	70	OPT. REQ.
HK 266 #21486 Hlth Fit Clinic/Work	S. P. McKenzie	NO TEXT REQUIRED						
HK 269 #21487 Career Hlth/Fit Fields	T. Hodge	NO TEXT REQUIRED						

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor

494-3170

Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
HK 280 #21488 – 1 #21489 – 2 #21490– 3 #21491 – Lab #21492 – Lab #21493 - Lab First Aid	S J Marshall	First Aid, CPR, and AED: Academic Version	A. Thygerson J. Krohmer B. Gulli	0763742090 978-0763742096	5th, 2006	Jones and Bartlett		REQ.
HK 301 #21494 Clin Prac AT Associate	MA Wilcoxson	COURSE PACKET						
HK 302 #21510– 1 #21511 – Lab #21512 - Ind App Clin Anatomy	V. Zinsmeister	Atlas of Human Anatomy Learning Human Anatomy, A lab text and workbook Color Atlas of Anatomy: A photographic Study of the Human Body	F.H. Netter J.F. Guy Rohen, J. Yokochi, C.	0-914168-81-9 978-0-13-503560-3 978-0-7817-9013-0	Latest 4th 6th	Novartis Medical Education Pearson, Prentice-Hall Wolters Kluwer/Lippincott Williams & Wilkins		REQ. REQ. OPT.
HK 303 #21513 – 1 #21514- Lab Athl Train Modalities	C. Voll K. Kessans	Therapeutic Modalities Therapeutic Modalities with Lab Activities for Therapeutic Modalities (Package) Optional	Starkey, C. Starkey, C. Horodyski, M.	978-0-8036-1139-9 0-8036-1222-2	3rd 3rd	F.A. Davis 2007 F.A. Davis 2004		REQ. OPT.

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor

494-3170

Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
HK 305 #21515- 1 #21516 - Lab Injury Assessment	L. Leverenz	Eval. Of Orthopedic & Athletic Injuries	Starkey	0-8036-1720-8	3rd	F.A. Davis 2009 Available after 9/3/09	15	REQ.
		Orthopedic & Athletic Injury Eval. Handbook	Starkey	0-8036-1104-8		F.A. Davis		REQ.
		Principles of Athletic Training	Arnheim & Prentice	9780077236281	13th	McGraw Hill 2009		REQ.
		Physical Examination of the Spine and Extremities	Hoppenfeld	0-8385-7853-5		Appleton Century Crofts		REQ.
HK 320 #21533 - 1 #21534 - 2 # 36462 - 3 Health Educ Elem Sch	K. C. Bailey	Health Education: Elementary & Middle School Applications	Telljohann, Symons, Pateman	9780073380803	6 th , 2009	McGraw Hill	90	REQ.
HK 322 #21535 - 1 #31536 - 2 #21537 - 3 #21538 - Lab #21539 - Lab #21540 - Lab Phys Ed Elem School	S. Hope	Dynamic Physical Education for Elementary School Children	Pangrazi	9780321592538	16 th	Pearson/Benjamin Cummings 2010	75	REQ.
		Children Physical Education: Becoming a Master Teacher	G. Graham	9780736062107	2008	Human Kinetics		OPT.
HK 326 #21541 #21542 Found of Adapted PE	Rhonda Haag	Principles and Methods of Adapted Physical Education and Rec. COPYMAT PACKET	D. Auxter, J. Pyfer and C. Huettig	978-0-07-352371-2	11th	McGraw Hill 2009		REQ.

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor

494-3170

Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
HK 329 #21543 Curriculum Phys Ed.	T. Templin	Standards-based physical education curriculum development	Jacalyn Lund & Deborah Tannehill	0-7637-4716-5	2005	Jones & Bartlett		REQ.
HK 346 #21544 Field Exper in Coach	WA Harper	NO TEXT REQUIRED						
HK 365 #21545 Princ comm. Hlth Promo	G. Avery	Introduction to Public Health	Schneider	076373009	2 nd	Jones and Bartlett 2006		REQ
HK 366 #36473 - 1 #36475 - 2 Health Behavior Promo	A. Barry G. C. Hyner Two texts Required.	Health Behavior Change: A Guide for Practitioners Behavior Change Logbook and Wellness Journal	Stephen Rollnick Pip Mason Chris Butler Stephen Dodd	0443058504 9780805378443	 3 rd , 2007	Churchhill Livingstone Addison Wesley Benjamin Cummins		REQ. REQ.
HK 368 #21547 - Lec #21548 - Lab #21549 #21550 #21551 #21552 #21553 #21554 Exercise Physiology I	S. Newcomer J. Bell A. Carrillo F. He	Exercise Physiology – Theory and Application to fitness and performance.	Scott Powers and Edward Howley	987-0-07-337647-9	7 th	McGraw Hill 2009		REQ.
HK 372 #21558 Sport Exercise Psy I	M McDonough	Foundations of Sport and Exercise Psychology	R.S. Weinberg & D. Gould	0-7360-6467-2	4 th , 2007	Human Kinetics	70	REQ.

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor

494-3170

Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
HK 376 #21559 History of Sport	W. Harper	American Sports	Benjamin Rader	9780205665150	6 th	Prentice Hall 2009	70	REQ
HK 385 #21560 Meth Hlth Promo & Ed	S. P. McKenzie	Planning, Implementing, and Evaluating Health Promotion Programs	J.F. McKenzie B. Neiger R. Thackeray	978-0-321-54216-8	5 th , 2009	Pearson		REQ.
HK 392 #21561 Co-op IV	T. Hodge	NO TEXT REQUIRED						
HK 401 #21562 Clin Prac AT Lead	A. Wilcoxson	COURSE PACKET						
HK 405 #21579 Admin Ath Trg Prog.	L. Leverenz	Management Strategies in Athletic Training	Richard Ray	0736051376	3 rd	Human Kinetics		REQ.
		Therapeutic Medications in Athletic Training	MC Koester	978-0-736-07857-3	2 nd	Human Kinetics		REQ.
HK 411 #21580 Clin PR Pers Tr Lead	T. Hodge	NO TEXT REQUIRED						
HK 421 #21581 - Lec #21582 - Lab #21583 #21584 #21585 Hlth Screen Fit Eval	T. Hodge D. Sitar A. Piazza	ACSM's Guidelines for Exercise Testing and Prescription	ACSM	0-7817-6903-5	8 th	Lippincott Williams & Wilkins		REQ.
		ACSM's Health Related Physical Fitness Assessment Manual	ACSM	9780781775496	2 nd , 2007	Lippincott Williams & Wilkins		REQ.

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor

494-3170

Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
HK 422 #21586 – Lec #21587 #21588 #21589 Clinical Exp Hlth Fit	T. Hodge	ACSM's Guidelines for Exercise Testing and Prescription	ACSM	0-7817-6903-5	8th	Lippincott Williams & Wilkins	40	REQ.
		ACSM's Metabolic Calculations Handbook	American College of Sports Med.	0-7817-4238-2	2006	Lippincott Williams & Wilkins		REQ.
HK 424 #21591 Hlth Fit Prog Manage	D. Klenosky	Course Packet COPYMAT						REQ
HK 435 #21592 Student Teaching Sem	CB DeHaven	NO TEXT REQUIRED COURSE PACKET						
HK 440 #21593 Human Diseases Disor	GC Hyner	An Introduction to Human Disease	Leonard Crowley	9780763765910	8 th , 2010	Jones and Bartlett		REQ.
		An Introduction to Human Disease (E TEXT)	Leonard Crowley	9780763778309	8 th , 2010	Jones and Barlett		OPT.
HK 445 #21594 Principle Epidemiology	D. Black	Epidemiology	L. Gordis	9781416040026	4 th , 2008	Elsevier Saunders		REQ.
		Control of Communicable Diseases Manual	D.L. Heymann	978-08755-31908	19 th , 2008	Amer. Public Health		OPT.
		A Dictionary of Epidemiology	J.M. Last	9780195314502	5 th , 2008	Oxford Univ. Press		OPT.
		Epidemiology kept Simple	B.B. Gerstman	0-471-40028-9	2 nd , 2003	Wiley-Liss		OPT.

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor

494-3170

Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
HK 453 #36478 Motor Coord & Develop	L Claxton	BLACKBOARD					35	REQ
HK 465 #21595 Research Methods	D. Klenosky	Methods in Behavioral Research	P. Cozby	9780073370224	10 th , 2009	McGraw-Hill	30	REQ.
HK 468 #21596 Adv Exercise Physio II	D. Sedlock	Exercise Physiology – Theory and Application to fitness and performance.	Scott Powers and Edward Howley	987-0-07-337647-9	7 th	McGraw Hill 2009		REQ.
HK 490 #38333 Health & Fitness Intern	T. L. Hodge	NO TEXT REQUIRED						
HK 490 #36481 Biomech Mot Contr Human Gait	S. Rietdyk	COPYMAT					30	REQ
HK 490 #36483 Science of Baseball	H. Zelaznik	The Psychology of Baseball: inside the mental game of the major league player.	M. Stadler	978-1592402755		Gotham (2007)	15	REQ.
		The Physics of Baseball	Robert Adair	978-0060084363	3 rd	HarperCollins Paperback (2002)		REQ.

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor
 494-3170
 Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
HK 496 #21601 #21602 Ind Inqry Mvmt Spt Sci	L. Claxton	NO TEXT REQUIRED						
HK 537 #36487 #36499 Analysis of Teach/Coach PE	B. Blankenship	COPYMAT PACKET					15	REQ
HK 566 #36488 Biomed Prin Hlth Prom	R. Lyle	Public Health Biology	C. Battle	978-0-7637-4464-9		Jones and Bartlett (2009)	12	
HK 567 #37858 EPI Public Health Prac	D. R. Black	Epidemiology Control of Communicable Diseases Manual A Dictionary of Epidemiology Epidemiology kept Simple	L. Gordis D.L. Heymann J.M. Last B.B. Gerstman	9781416040026 9780195314502 0-471-40028-9	4th, 2008 5th, 2008 2nd, 2003	Elsevier Saunders Amer. Public Health Oxford Univ. Press Wiley-Liss		REQ. OPT. OPT. OPT.
HK 568 #21607 Adv Exercise Physiology	D. Sedlock	NO TEXT REQUIRED						

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor
 494-3170
 Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
HK 569 #37961 #37962 Ex Test/Presc Spec Pop	S. McKenzie	ACSM's Resources for Clinical Exercise Physiology	American College of Sports Medicine	978-0-7817-6870-2	2nd	Lippincott, Williams and Wilkins 2009		REQ
HK 570 #38214 Gender Roles/Phys Act	C. Cooky	TBA						
HK 574 #21608 Adv Sport & Exercise Psy	M. McDonough	Advances I Sport and Exercise Psychology COPYMAT PACKET	Thelma Horn	0-7360-5735-8	3 rd	Human Kinetics 2008	15	REQ
HK 590 #38513 Phys Act & Public Health	P. Troped	COPYMAT PACKET						
HK 590 #38514 Comm Hlth needs assessment	H. Hunte	NO TEXT REQUIRED						REQ

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor

494-3170

Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
HK 590 #38515 Health Risk Behaviors	A. E. Barry	Public Health Ethics: Theory, Policy, and Practice	Bayer, R. Gostin, L. Jennings, B. Steinbock, B.	978-0195180855	First	Oxford University		REQ.
HK 590 #21617 International Health	T. Okoror	Healing our differences: the crisis of global health and the politics of identity.	Airhihenbuwa	9780742539822		Rowman & Littlefield 2007		REQ
		Globalization and Health	Kawachi Wamala	9780195172997		Oxford Univ. Press 2007		REQ
HK 590 #21622 Res In sport Pedagogy	T. Templin	Historic Traditions and Future Directions of Research on Teaching and Teacher Education in Physical Education	Housner Metzler Schempp Templin	978-1-885693-92-1		Fitness Information Technology		REQ
HK 590 #21621 Quan Meth Public Hlth	H. E. Hunte	Biostatistics: A Foundation for Analysis in Health Sciences	W. Daniel	978-0-470-10582-5	9 th	Wiley		REQ.

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor

494-3170

Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
HK 592 #37964 Public Health Practicum	Designator	TBA						
HK 611 #36491 Data Analysis in HK	A. Smith	TBA						
HK 668 #21634 Smnr Exrcse Physiol	S. Newcomer	NO TEXT REQUIRED						
HK 670 #21635 #21636 Advanced Topics in Motor Cntrl	J. Haddad	NO TEXT REQUIRED						

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor
 494-3170
 Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
HK 676 #21639 Theor Fndn Hlth Behav	P. Troped	Health Behavior & Health Education Theory, Research & Practice COPYMAT PACKET	Glanz, K. Rimer Viswanath	978-0-7879-9614-7	4 th	Jossey – Bass 2008	20	REQ
HK 687 #36493 Public Health Administration	G. Avery	Public Health Administration: Principals for Popluation-Based Management. Bureaucracy: What Gov. Agencies Do and Why they do it. (Paperback) Writing Grant Proposals That win	Novick LF, Morrow CB, Mays GP Wilson, JQ Ward. D.	9780763738426 0465007856 9780763729301	2 nd 3 rd	Jones and Barlett 2007 Basic Books 1991 Jones and Bartlett 2006	15	REQ REQ OPT.
HK 690 #21642 Psych of Youth Sport and Act	A. L. Smith	NO TEXT REQUIRED						
PES 111 #25119 - 1 #25120 - 2 #25121 - Lab #25122 - Lab Lifetime Fitness	M. Hemphill	Fit and Well: Core Concepts and Labs in physical fitness and wellness ALTERNATE EDN.	Fahey, Insel & Roth	0073325643	8th, 2009	McGraw Hill		REQ.

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor

494-3170

Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
PES 112 #25123 Lab #25124 Lab #25125 Lab #25126 Lab Beginning Swim	Ooksang Cho B. Muir	Swimming and Water Safety	American Red Cross 2009	978-1-58480-446-8	2009	Staywell		OPT.
PES 114 #25127- Lab #25128 - Lab Exercise to Music	J. L. Danford F. He	NO TEXT REQUIRED						
PES 114 #25129 - Lab #25130 - Lab Weight Training	D. Brown	Weight Training for Life	J. Hesson	9780495559092	9 th	Thomson Wadsworth		REQ.
PES 114 #25131- Lab #25132 - Lab #25133- Lab #36474 - Lab Exercise & Fitness	J. Danford D. Brown	Physical Fitness: A way of Life	A. Mikesky, K. Mikesky	9780976930334	6 th , 2008	Cooper Publishers		REQ.
PES 114 #25134 AROTC Cond.	E. J. Anderson	NO TEXT REQUIRED						
PES 114 #25135 AFROTC Cond.	J. Tolliver	NO TEXT REQUIRED						

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor
 494-3170
 Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
PES 114 #25136 NROTC Marine Conditioning	T. L. Butts	NO TEXT REQUIRED						
PES 115 #25138 thru #25146 10 Labs Advanced Bowling	DL Wiedman	NO TEXT REQUIRED						
PES 116 # 25153 Thru #25156 5 labs Golf	D Ross	GOLF Naked: The bare Essentials Revealed	G. Rowley, PGA	978-0-981-5319-5-3	2008	Pick it up Publishers		REQ
PES 116 #25162 MBA Students GOLF	D. Ross	GOLF Naked: The bare Essentials Revealed	G. Rowley, PGA	978-0-981-5319-5-3	2008	Pick it up Publishers		REQ
PES 116S #25166 - 1 #25167 - 2 Beginning Tennis	J. Braden C. Jeong	Tennis Fundamentals	C. Matsuzaki	0736051511	2004	Human Kinetics		REQ.

DEPARTMENT OF HEALTH AND KINESIOLOGY
FALL 2009 Textbook List
HK & PES

Contact Person
Shellie Taylor

494-3170

Updated: Aug 26, 2009

Course No. & Title	Professor/ Instructor	Title of Text and/or Materials	Author	ISBN No.	Edition	Publisher & Date	Est. Enroll	Opt or Req.
PES 116T Intermed Tennis	J. Braden C. Jeong	TBA						
PES 116U Avanc Tennis	J. Braden C. Jeong	TBA						
EDCI 429 Meth Tech Sec Schl	T. Templin B. Blakenship	Quality Lesson Plans for Secondary Physical Education	Zakrajsek Carnes Pettigrew	9780736044851	2 nd	Human Kinetics 2003		REQ
		OR Teaching Sport Concepts and Skills	S. Mitchell J. Oslin L. Griffin	9780736054539	2 nd	Human Kinetics 2006		REQ.
EDCI 429M Off Campus	TBA	NO TEXT REQUIRED						
EDCI 432 Teach Hlth Saf Sec Sch	A. Barry K. Bailey	NO TEXT REQUIRED Off Campus						
EDCI 498 Supervised Teaching	C. B. DeHaven	NO TEXT REQUIRED						